Come Join Us For Our
"Float-In" Movie Nights
Friday evenings: 8-10pm
\$5.00 per person

April 3rd, 17th,
May 1st, 15th, 29th
June 12th, 26th

*Children 6 & under MUST have an adult in the water
*Use our floating mats & fun noodles or bring your own
*Practice cards/passes are not accepted for this event
*Bring in a can of food & get \$1.00 off admission
(All canned food items are donated to the food bank)



April Pools Day

Saturday, April 25, 12 –2:30 pm IT'S FREE & FUN!



Evergreen Pool 606 SW 116th Street Seattle, WA 98146 206-296-4410

Phone: 206-296-4410 TTY Relay: 711 www.kingcounty.gov/parks



Department of Natural Resources and Parks

Evergreen Pool

606 SW 116th Street
Seattle, WA 98146
206.296.4410
Spring Schedule
April 1st - June 30th, 2009

Please Note:

Evergreen Pool

Will be CLOSED:

May 22nd <u>through</u> May 25th (Memorial Weekend) AND Friday, June 19th

Don't Miss Out on Our:



Saturday, April 25 Noon – 2:30 pm

IT'S FREE & FUN!

www.kingcounty.gov/parks
SEE: SPECIAL EVENTS ON BACK

Swim Lesson Information

We are proud to offer the American Red Cross Learn To Swim Program at the Evergreen Pool. The Red Cross is the national leader in aquatics training. Many of our instructors learned to swim at this pool themselves and have gone through our instructor aide program prior to becoming staff members. You can trust the 90-year history of the American Red Cross and the commitment to excellence of King County Parks employees.



SWIMMING LESSONS

Morning Lessons are 10:30 & 11am Mon. & Wed.

Evening Lessons run: 5-7pm (each lesson is 30 minutes)

All lessons-30 minute classes/ includes practice card

Lessons run twice a week for 4 or 5 weeks

Monday & Wednesday MORNING

April 13 - May 13 (10 lessons=\$68.00)

May 18—June 10 (7 lessons=\$47.60)* (No lessons May 25th due to Memorial Day Holiday)*

Monday & Wednesday EVENING

April 13 - May 13 (10 lessons=\$68.00)

May 18 - June 10 (7 lessons=\$47.60)*
(No lessons Mon. May 25th due to Memorial Day Holiday)*

Tuesday & Thursday EVENING

April 14 - May 14 (10 lessons=\$68.00)

May 19 - June 11 (8 lessons=\$54.40)

Private Lessons: 30 minutes Cost: \$30.00 (1 student)

(Times are listed on inside grid schedule)
For students seeking extra help on a specific skill or for more individual attention

Water Exercise Classes

NOTE: Added **NEW** Class T/Th mornings

10:30-11:30am

This new aerobics class is designed for High Energy Levels and exercising with Music! This is a drop-in, fat burning, car-diovascular workout!

Water Exercise

(M/W/F 8:30-9:30AM/low impact/NO music)

(M/W 7:00-8:00PM/high energy/with music)

Senior Exercise

(M/W/F 9:30-10:30am)

Low impact water exercise. A drop-in class for people with arthritis or impaired mobility.

Multiple Sclerosis (MS)/Monday ONLY Noon-1:00 Mobility exercises. For registration, call MS, 206-284-4254 or Harriet, 425-830-7746.

Water Exercise Instruction Fees:

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Adult	.\$6.25
Senior (62+)	. \$4.75
Adult Card (10 punches)	\$61.50
Senior Card (10 punches)	\$42.00



Spring 2009

<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Lap Swim	Pool Maintenance	Lap Swim	Pool Maintenance	Lap Swim	
		Pool Maintenance			
Lap Swim & Low Impact Water Exercise		Lap Swim & Low Impact Water Exercise	5	Lap Swim & Low Impact Water Exercise	
Lap Swim & Senior Water Exercise	Pool Maintenance	Lap Swim & Senior Water Exercise	Pool Maintenance	Lap Swim & Senior Water Exercise	Saturday Private Lessons 10:00
Lessons (group or private)	Water Aerobics High Energy w/Music	Lessons (group or private)	Water Aerobics High Energy w/Music		10:00 10:30 11:00
MS Exercise Class @ 12-1pm Lap Swim - Monday through Saturday-11:30-1:00					
Lap Swim \$5.00 for Adults/ \$3.50 for Senior 11:30-1pm					
	Pool Maintenance			Public Swim \$1.50	
Veterans Team River Runner Kayak (Mondays) Specialized Aquatics Training Classes and Rentals also available Friday Private Lessons 3:30 & 4:00			Private Party Rentals available @ 2:00 pm		
White Water Aquatics, <i>(www.whitewateraquatics.com)</i> Monday thru Thursday 4:30-6:30pm, Friday's 4:30-6:00			Private Party Rentals available		
Lessons M/W & Swim Teams	Lessons T/TH & Swim Teams	Lessons M/W & Swim Teams	Lessons T/TH & Swim Teams	White Water Aquatics	Private Party Rentals available
Lap Swim & Water Exercise	Public Swim \$3.25	Lap Swim & Water Exercise	Public Swim \$3.25	Movie Nights Every other Fri. See back for schedule	
	Lap Swim & Low Impact Water Exercise Lap Swim & Senior Water Exercise Lessons (group or private) MS Exercise Class @ 12-1pm Lap Swim 11:30-1pm Ve Specialized Whit Mor Lessons M/W & Swim Teams Lap Swim &	Lap Swim & Low Impact Water Exercise Lap Swim & Senior Water Exercise Lessons (group or private) MS Exercise Class @ 12-1pm Lap Swim 11:30-1pm Veterans Team River Specialized Aquatics Training of White Water Aquatics, (www. Monday thru Thursday 4:3) Lessons M/W & Swim Teams Lap Swim Public Swim Public Swim	Lap Swim Lap Swim Lap Swim Low Impact Water Exercise Lap Swim Senior Water Exercise Lessons (group or private) MS Exercise Class @ 12-1pm Lap Swim Lap Swim 11:30-1pm Pool Maintenance Water Aerobics High Energy w/Music Lap Swim - Monu Specialized Aquatics Training Classes and Rental White Water Aquatics, (www.whitewateraqua Monday thru Thursday 4:30-6:30pm, Friday's - Lap Swim Teams Lap Swim Teams Lap Swim Teams Public Swim Lap Swim Teams Public Swim Lap Swim	Lap Swim Lap Swim Rool Maintenance Pool Maintenance Lap Swim Rool Maintenance Pool Maintenance Lap Swim Rool Maintenance Water Aerobics Rogroup or private) Lap Swim - Monday through Saturda Rool Maintenance Pool Maintenance Veterans Team River Runner Kayak (Mondays) Specialized Aquatics Training Classes and Rentals also available White Water Aquatics, (www.whitewateraquatics.com) Monday thru Thursday 4:30-6:30pm, Friday's 4:30-6:00 Lessons M/W Rowim Teams Swim Teams Lap Swim Roblic Swim Public Swim Public Swim Public Swim Pool Maintenance Pool Maintenance Pool Maintenance Water Aerobics Rogroup or private) Water Aerobics Rogroup or private) Rool Maintenance Pool Maintenance Pool Maintenance Veterans Team River Runner Kayak (Mondays) Specialized Aquatics Training Classes and Rentals also available Veterans Team River Runner Kayak (Mondays) Specialized Aquatics Training Classes and Rentals also available Pool Maintenance Veterans Team River Runner Kayak (Mondays) Specialized Aquatics Training Classes and Rentals also available White Water Aquatics, (www.whitewateraquatics.com) Monday thru Thursday 4:30-6:30pm, Friday's 4:30-6:00	Lap Swim

Public Swim: <u>Children 6 years and under</u> must be accompanied in the water by an adult (18yrs or older).

Programs may be changed, combined, and/or cancelled due to lack of attendance or other.

Programs may need to share the pool time and space to accommodate maximum coverage and pool usage.

Swimming Pool Fees

King County General Admission Fees (Per hour)

Public Swims

Youth	\$3.25
Adult	\$3.25
Senior (62+)	\$3.25
(Buy a 10 punch PUBLIC SWIM card for \$29.25 and SA	AVE \$3.25!)

**NEW~Saturday PROMO Swim~1:00-2:00pm

is only \$1.50 per person!!

Adult/Lap Swim

Shower Only	\$3.25
Person with Disability	\$3.50
Senior (62+)	\$3.50
Adult	\$5.00
Youth	\$4.75

Lap Swim Punch Cards

Lap swim punch cards are not accepted for water exercise classes or special programs.

2009 PUNCH CARD PRICES

10 LAP SWIM visits for the price of nine

Adult Lap Swim Card	\$45.00
Senior Lap Swim Card (62+)	\$31.50
Disabled Lap Swim Card	\$31.50
Youth Lap Swim Card	\$42.75

Pool Party Rentals

Pool Rentals are great for family reunions, birth-day parties, church groups, and scout groups. Groups receive exclusive use of the pool, with lifeguards. **Rentals are available Saturday, beginning at 2 pm** for hourly group or private parties Call 206-296-4410 to plan your party and waves of fun for everyone!



Pool Rental Fees:

Size of Group	Fee Per Hour
1-25	\$125.00
26-60	\$155.00
61-90	\$185.00
91-120	\$225.00
121 +	\$265.00
Party Area	\$47.00

Swimming Accessories

Goggles	\$6.00
Caps	\$3.00
Swim Diapers	\$1.00